

**TABLEAU DONNANT LE NOMBRE DE TOURS A EFFECTUER
A PARTIR DES TEMPS AUX TOURS REALISES.**

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
03.30	07.00	10.30	14.00	17.30	21.00	24.30	28.00	31.30	35.00	38.30	42.00	45.30	49.00	52.30	56.00	59.30
03.45	07.30	11.15	15.00	18.45	22.30	26.15	30.00	33.45	37.30	41.15	45.00	48.45	52.30	56.15	60.00	
04.00	08.00	12.00	16.00	20.00	24.00	28.00	32.00	36.00	40.00	44.00	48.00	52.00	56.00	60.00		
04.15	08.30	12.45	17.00	21.15	25.30	29.45	34.00	38.15	42.30	46.45	51.00	55.15	59.30			
04.30	09.00	13.30	18.00	22.30	27.00	31.30	36.00	40.30	45.00	49.30	54.00	58.30				
04.45	09.30	14.15	19.00	23.45	28.30	33.15	38.00	42.45	47.30	52.15	57.00	61.45				
05.00	10.00	15.00	20.00	25.00	30.00	35.00	40.00	45.00	50.00	55.00	60.00					
05.15	10.30	15.45	21.00	26.15	31.30	36.45	42.00	47.15	52.30	57.45	63.00					
05.30	11.00	16.30	22.00	27.30	33.00	38.30	44.00	49.30	55.00	60.30						
05.45	11.30	17.15	23.00	28.45	34.30	40.15	46.00	51.45	57.30	63.15						
06.00	12.00	18.00	24.00	30.00	36.00	42.00	48.00	54.00	60.00							
06.15	12.30	18.45	25.00	31.15	37.30	43.45	50.00	56.15	62.30							
06.30	13.00	19.30	26.00	32.30	39.00	45.30	52.00	58.30								
06.45	13.30	20.15	27.00	33.45	40.30	47.15	54.00	60.45								
07.00	14.00	21.00	28.00	35.00	42.00	49.00	56.00	63.00								
07.15	14.30	21.45	29.00	36.15	43.30	50.45	58.00									
07.30	15.00	22.30	30.00	37.30	45.00	52.30	60.00									
07.45	15.30	23.15	31.00	38.45	46.30	54.15	62.00									
08.00	16.00	24.00	32.00	40.00	48.00	56.00	64.00									
08.15	16.30	24.45	33.00	41.15	49.30	57.45										
08.30	17.00	25.30	34.00	42.30	51.00	59.30										
08.45	17.30	26.15	35.00	43.45	52.30	61.15										
09.00	18.00	27.00	36.00	45.00	54.00	63.00										
09.15	18.30	27.45	37.00	46.15	55.30	64.45										
09.30	19.00	28.30	38.00	47.30	57.00											
09.45	19.30	29.15	39.00	48.45	58.30											
10.00	20.00	30.00	40.00	50.00	60.00											
10.15	20.30	31.45	41.00	51.15	61.30											
10.30	21.00	31.30	42.00	52.30	63.00											
10.45	21.30	32.15	43.00	53.45	64.30											
11.00	22.00	33.00	44.00	55.00	66.00											

CYCLO - CROSS

